



Plenary lecture V

Pain Management in the Emergency Department-A Call for Paradigm Change

時間：2026年6月27日(六) 11:25~11:50

會議室：101 會議廳

座長：孫仁堂醫師(亞東醫院)、陳健驊醫師(國泰醫院)

主講人：Sergey M. Motov (Maimonides Medical Center)

課程簡介

Over the past two decades, emergency clinicians have transformed Emergency Department pain management by moving toward mechanism-based, multimodal analgesia; by mastering ultrasound-guided regional anesthesia; and by developing expertise in managing opioid use disorder. Nevertheless, the opioid crisis, while demanding a thoughtful response, has precipitated overly restrictive prescribing policies, misleading calls for opioid elimination, and the overly liberal adoption of opioid alternatives eroding the quality of acute pain care.

This presentation is calling for ED clinicians to recalibrate their approach to acute pain by focusing on patient-centered outcomes over rigid algorithmic compliance, by replacing the rhetoric of opioid minimization and elimination with a framework of opioid optimization, by embracing the reverse analgesic ladder that matches analgesic intensity to pain severity from the top down, and by creating the comprehensive, unified ED analgesic order set that supports individualized, mechanism-based care within a standardized pain management framework. Combined together, these paradigm changes are aimed to improve ED clinicians' commitment to treating pain with urgency, precision, and compassion.



Sergey M. Motov

Organization : Maimonides Medical Center

Title : Professor of Emergency Medicine

Current positions : Research Director, Department of Emergency Medicine, Maimonides Medical Center, Brooklyn, New York, USA

Dr. Sergey Motov is an emergency medicine attending physician and research director practicing in the Department of Emergency Medicine at Maimonides Medical Center, Brooklyn, New York. He graduated from the Medical Academy of Latvia and completed his EM residency at Maimonides Medical Center. Dr. Motov is a professor of emergency medicine at SUNY Downstate College of Medicine who is very passionate about safe and effective pain management in the Emergency Department. His primary expertise is a patient-specific, pain syndrome-targeted approach to pain relief by utilizing a combination of non-pharmacologic, opioid, and non-opioid therapeutic modalities. His primary interests include non-opioid analgesic modalities and a qualitative approach to opioid prescribing.

With 20+ years of experience in emergency medicine and expertise in pain management, Dr. Motov has championed the opioid optimization program in acute care settings and beyond, with the overarching goal of providing individualized, equitable, patient-centered pain relief for adult, pediatric, and geriatric patients.

Dr. Motov has been developing and researching his body of work nationally and globally, giving multiple presentations, workshops, and roundtable discussions on the subject of ED pain management across the globe. Dr. Motov has over 70 peer-reviewed pain-related publications in the most prestigious emergency medicine journals.